

Picturing Yourself

How can revisiting the school photo help us understand something about feeling different in school? Does the image itself tell us something about our own experience of feeling 'odd'. What about remembering the process? And what if we enact that process now?

Who is this for?

Adults who work with or care for children, or who are training or preparing to do so.



Was having a school photo or portrait taken part of your experience?

If so, think about how that felt. What can you recall?

Maybe you still have your school photo, or perhaps it is a memory now. We invite you to take it out, find it, or take a few moments to remember it.

Do you recognise yourself?

What do you notice?

What did you feel like then ?

What do you feel like now?

Could those thoughts and feelings help us understand children's experiences ?



When we went to school to make school photos, we made the following invitation to each person.

First, can you show us what a school photo looks like?

Now have your photo taken however you like, you can choose where to stand or sit, whether you are still or moving, and what posture and expression you want to make.

The images above show Becky, Jo and Miles responding to these prompts.

Extend the activity :

Could you bring a small group together to discuss their school photos?

Or, could you set up a backdrop and undertake a 'school photo' session of your own with our prompts?